

# Stroke Recovery Center

Daniel Drake Center in Cincinnati has long been known as a regional leader in stroke recovery care, providing specialized inpatient and outpatient neurorehabilitative services. Combined with physicians and researchers from the University of Cincinnati's internationally-recognized Stroke Team, we've developed the Stroke Recovery Center at Daniel Drake Center, a continuum of inpatient and outpatient, interdisciplinary stroke recovery care and research.

## **Patients may access one or multiple levels of service based on their medical condition:**

- **Inpatient Long Term Acute Care (LTAC) or Skilled Nursing Care** for the stroke patient whose complex, high-level condition requires extended inpatient care and meets Daniel Drake Center's admission requirements.
- Specialized outpatient physical, occupational and speech therapies provided by therapists experienced in neurorehabilitation using state-of-the-art equipment. Patients who complete this treatment may be recommended for inclusion in stroke research studies or our **Stroke Team Assessment and Recovery Treatment (START) Program**.
- **The START Program** is for stroke survivors who have completed standard treatment and want a second opinion from an interdisciplinary team of medical, therapy and research specialists to determine if a fuller recovery might be possible. If so, a personalized care plan is developed. This service is available for patients who have already completed standard treatments, from those a few months to several years post-stroke.
- **Research** testing the latest stroke recovery techniques and tools. The care provided as part of these research studies is at no cost to the patient.
- **Wellness and conditioning** programs, including aquatics.

## **Ideal Patients are:**

- Patients being discharged from an acute care hospital and ready to begin their recovery from stroke. Some patients might be appropriate for Daniel Drake Center's LTAC or Skilled Nursing Care; most would benefit from Daniel Drake Center's specialized outpatient therapies.
- Patients who have completed their standard therapeutic treatments, even those who are years post-stroke, and are seeking a fuller recovery. These patients may benefit from the **START Program** to help regain skills.

## **Benefits of the Stroke Recovery Center at Daniel Drake Center:**

- Interdisciplinary team of neurologists, physical medicine and rehabilitation physicians, occupational, physical and speech therapists, neuropsychologists and researchers specialized in neurorehabilitation.
- The area's only neurorehabilitation research lab, providing patients access to the latest therapy approaches and technologies.
- Speech language pathologists who identify and treat the cognitive and physical conditions that inhibit speech and comprehension. Augmentative communication can also be provided when needed.
- State-of-the-art equipment such as the BalanceMaster, Motomed/Rehamove system, Ekso™, Bioness, Lite Gait, Saeboflex and driver simulator, as well as the area's only warm water therapy pool with a moveable floor for easy patient access.
- Various levels of care available to meet a variety of patient needs.
- Affiliation with the University of Cincinnati Medical Center and the University of Cincinnati Medical Center Neuroscience Institute, extending the experience and expertise of their internationally known Stroke Team to the next step in stroke treatment—helping patients regain skills and rebuild their lives after stroke.



# Daniel Drake Center for Post-Acute Care

## Introducing the START Program:

For patients who are months or years post-stroke but passionate about a fuller recovery, we've developed the (START) Stroke Team Assessment and Recovery Treatment Program. This innovative program, one of the first of its kind in the country, begins with a two-hour assessment with a team of seven clinical specialists to determine if additional resources, treatments or research studies might be helpful. Then, the team outlines a personalized treatment plan for continued recovery.

Traditional medical wisdom has told stroke patients that they have a few months to regain function before they need to accept and adapt to their new limitations. But through the Stroke Recovery Center at Daniel Drake Center, many patients have made dramatic progress sometimes several years post-stroke.



*"The Stroke Recovery Clinic allows for patients that have received a standard course of care after a stroke to be seen through fresh sets of eyes. There is a multidisciplinary approach involving physical therapists, occupational therapists, and speech therapists, as well as an evaluation by a stroke-trained physician. Patients also have the opportunity to learn about cutting-edge clinical trials that are investigating new treatments. Through this combined approach, we hope to help our patients achieve the fullest recovery possible."*

**Rahul Karamchandani, MD**

Director of Stroke Recovery Center at Daniel Drake Center; Assistant Professor of Neurology at the University of Cincinnati College of Medicine

## Features of the START Program:

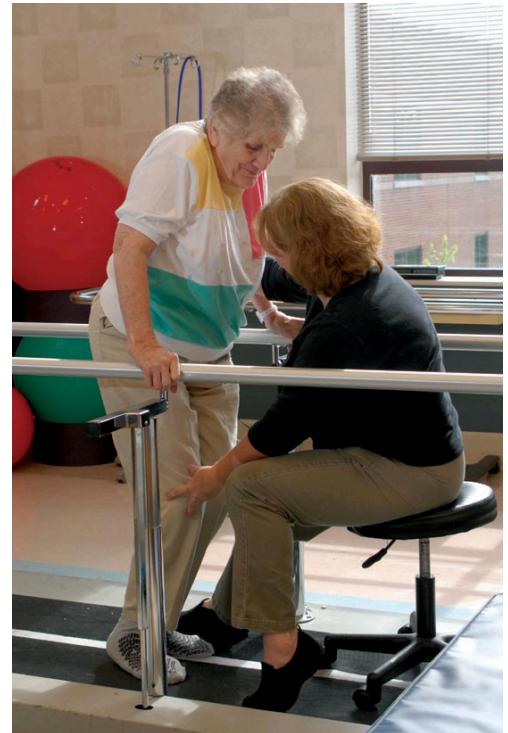
- Two-hour assessment by an interdisciplinary team specializing in stroke, including a neurologist; physical medicine and rehabilitation; physician; occupational and speech therapists; neuropsychologist and researchers.
- Personalized interdisciplinary plan to address patient needs.
- Regular assessments to check patient progress and determine next steps in the patient's care plan.
- Access to specialized equipment and services such as the BalanceMaster, Motomed/Rehamove system, Ekso™, Bioness, Lite Gait, Saeboflex and driver simulator, as well as the area's only warm water therapy pool with moveable floor for easy patient access.
- Access to Wellness Center with wheelchair accessible nautilus machines and groups for UE dysfunction, decreased balance and strength.
- Consideration for participating in stroke recovery research, providing access to cutting-edge technology and treatments.

## Ideal Patients for the START Program:

Patients a few months to several years post stroke who have completed standard treatments and want to review their condition to determine if a fuller recovery is possible.

## Payment:

We bill third-party payors, as well as accept self-pay patients.



To learn more about Daniel Drake Center's Stroke Recovery Center, please call **(513) 418-2470**