Instructions for Special Testing

***Note: Only following instructions for the highlighted test(s)***

ENG: This is a test of your inner ear balance system. You may feel dizzy during a portion of this test.

Instructions:

1. Do NOT eat or drink for 4 hours prior to the test.
2. Do NOT take any medications (OTHER THAN LIFE-SUSTAINING MEDICATIONS) for 48 hours prior to your test. If you take meds for diabetes, blood pressure, heart problems, seizure disorders, etc., do NOT discontinue them.
3. Do NOT wear make-up of any kind, especially eye make-up, as it interferes with the visual equipment used during testing.
4. Do NOT drink alcohol or caffeine for 24 hours prior to the test.
5. You should have someone available to drive you home.

Total test time: Approximately 1 hour

Rotary Chair: This is a test of your inner ear balance system. You may feel dizzy during a portion of this test.

Instructions:

1. Do NOT eat or drink for 4 hours prior to the test.
2. Do NOT take any medications (OTHER THAN LIFE-SUSTAINING MEDICATIONS) for 48 hours prior to your test. If you take meds for diabetes, blood pressure, heart problems, seizure disorders, etc., do NOT discontinue them.
3. Do NOT wear make-up of any kind, especially eye make-up, as it interferes with the visual equipment used during testing.
4. Do NOT drink alcohol or caffeine for 24 hours prior to the test.
5. You should have someone available to drive you home.

Total test time: Approximately 1 hour

ABR: This is a test of the function of your hearing nerve. Surface electrodes will be placed on your skin. You will comfortably lie on a table and hear a clicking noise throughout the test. There are no special instructions for this test.

Total test time: Approximately 30 minutes
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ECOG: This is a test to determine if there is an imbalance of the fluids in your inner ear. Surface electrodes will be placed on the skin. You will comfortably lie on a table and hear a loud clicking noise throughout the test. There are no special instructions for this test.
Total test time: Approximately 30 minutes

ENOG: This is a test which measures the function of your facial nerve. A probe will be placed on the cheek or behind your ear and you will feel electrical impulses. There are no special instructions for this test.
Total test time: Approximately 30 minutes

Platform Posturography: This is a test which will help determine the cause of your balance problem. You will wear a safety harness and stand in the platform machine. At times the floor machine will move.
Instructions:
1. Do NOT take any medications (OTHER THAN LIFE-SUSTAINING MEDICATIONS) for 48 hours prior to the test. Do NOT discontinue meds for blood pressure, seizures, diabetes, heart problems, etc.
2. If you are unable to stand unsupported for at least one minute we will NOT be able to perform this test. Please notify us if this is the case.
3. We recommend that you wear pants or shorts for this test.
Total test time: Approximately 30 minutes

VEMP: This is a test of your inner ear balance system. You will comfortably lie on a table and hear a loud clicking noise throughout the test. There are no special instructions for this test.

***If you have any questions as to whether you can take certain medications before your test, or if are unable to make your appointment, please call UC Health Audiology & Hearing Aids. (513) 475-8453
Medication List

In general, you should discontinue any medications that are not life-sustaining for 48 hours prior to having any of the following balance tests: ENG, Platform Posturography, or Rotary Chair.

****Please DO NOT discontinue life-sustaining medications including, but not limited to, medications for heart conditions, diabetes, seizures, blood pressure, blood thinners, etc. If you are unsure about whether you need to discontinue any medication, please contact our office and/or your primary care physician.****

The following types of medications can interfere with balance test results and should be discontinued for 48 hours prior to testing:

- Sedatives
- Tranquilizers
- Hypnotics
- Antidepressants
- Nonsteroidal anti-inflammatory Medications
- Analgesics
- Muscle relaxants/Antispasmodics
- Antiemetic’s (anti-nausea medications)
- Sleeping Pills
- Pain Killers
- Medications for Dizziness (such as Meclizine or Anitvert)
- Caffeine
- Alcohol
- Medications for motion sickness including patches

Again, if you have any questions or are unsure about whether you should discontinue your medication please contact our office and/or your primary care physician.
Insurance Coverage for Special Testing

Your physician has ordered specialized testing for you. We suggest that you contact your insurance company to check if these are covered services on your insurance plan as you will be asked to sign an insurance waiver prior to the tests being performed.

The following is a list of tests and the procedure codes (CPT codes) that are used for billing purposes.

<table>
<thead>
<tr>
<th>Test</th>
<th>CPT Codes</th>
</tr>
</thead>
<tbody>
<tr>
<td>AUD- Comprehensive Audiogram</td>
<td>92557, 92567</td>
</tr>
<tr>
<td>ABR- Auditory Brainstem Response Test</td>
<td>92585</td>
</tr>
<tr>
<td>ECOG- Electrocochleography</td>
<td>92584</td>
</tr>
<tr>
<td>ENG- Electronystagmography</td>
<td>92540, 92543, 92547</td>
</tr>
<tr>
<td>ENOG- Electroneuronography</td>
<td>92516</td>
</tr>
<tr>
<td>PPL- Platform Posturography</td>
<td>92548</td>
</tr>
<tr>
<td>ROT- Rotary Chair</td>
<td>92541, 92544, 92546</td>
</tr>
</tbody>
</table>

(There may be additional codes used, if additional tests are performed)