



April 2016



Bridgeway Pointe News is a monthly publication for residents and families of Bridgeway Pointe, a tight-knit assisted living community located at 165 W. Galbraith Rd., Cincinnati, Ohio 45216. (513) 418-4370 | UCHealth.com/BridgewayPointe



Lisa Dario



- April 4  Cincinnati Reds Opening Day "Wear **Red** Today"
2 p.m. | Club Room
- April 12 Chair Yoga with April
3 p.m. | Club Room
- April 18 Cincinnati Zoo Program & Private Tour
9 a.m. | Flag Pole
- April 22 Earth Day Trivia w/ Debbie
"Wear **Green** Today"
2 p.m. | Club Room
- April 25 Chair Volleyball
1:30 p.m. | Club Room
- April 29 Ric Aielli
2 p.m. | Club Room

I am very excited to be welcomed to Bridgeway Pointe as an Activities Specialist. Since 2003, I have worked in assisted living and long-term care as an Activity Director and have loved every minute. I also have the privilege of working as a Personal Trainer and Aquatics Specialist at Queen City Racquet Club.

I was born and raised in Batavia, Ohio. My husband, Edwin, and I have four children ranging from 18 years down to our youngest, who will be 6 years old in August.

Spotlight (*Cont.*)

As a 5th generation Miami University grad, I will always be a Redskin at heart. I graduated in 1995 with a BS in Journalism and MS in Exercise and Health Studies. I often thought of becoming a Physical Therapist, but after taking Chemistry, decided there are better things to do. Ironically, I married a chemist and Xavier grad.

I look forward to a long stay at Bridgeway Pointe and have already picked out my future apartment.

Please bring me your ideas, wishes, or just stop by to say hello. I will be here on Mondays, Tuesdays, and Wednesdays and plan to be out and about in the community, bringing fun, socialization, or just lend an ear to anyone in need.

Thank you for allowing me to be a part of your lives and I can't wait to meet each and every resident, family member and friend.



Jessie Johns	April 2
Lawrence Williams	April 5
Jo-Ann Staker	April 14
Judith Ketz	April 21
Gail Boggs	April 27

Nature Nook Prepares for Spring

The ladies of the nature group wanted to show off their success with forcing hyacinth and propagating African violets. Even though it still may be cold out, the Nature Nook ladies are busy preparing for Spring.

Come join us in the Nature Nook on the 2nd and 4th Tuesdays of the month at 10:30 a.m. When the weather warms up, we will move outside to the courtyard!



Irish for the Day!

In honor of St. Patrick's Day, we were all decked out in green and celebrated our Irish heritage! Also to help us celebrate, we were happy to have the Merri Moores here for the afternoon to lead us in Irish music and riddles. We enjoyed hearing familiar Irish songs and enjoyed Irish punch that afternoon!



Belterra Casino

What a wonderful, spring-like weather day it was for our Belterra Casino outing. We had a wonderful group lunch at the Stadium Restaurant and then headed to the casino floor. While some of the residents had better luck than others, we all had a great time socializing with friends!



Friendship Luncheon with Celtic Harp and Vocalist

We were in the mood to wear a lot of green in March not only at Bridgeway Pointe, but in the community for outings. We ventured out to the Friendship United Methodist Church for an Irish luncheon and celtic music. We enjoyed a baked potato bar along with a celtic harpist and vocalist performance. What a wonderful day to celebrate!



Keep those Plastic Bags!

Janet DiMuzio and Lynne Viénot would like to propose a project for the residents at Bridgeway to take part in. We are crocheting sleeping mats for the homeless. The material we are using is called “plarn”, plastic yarn which is simply strips of plastic grocery bags looped together. It takes 500+ bags for one mat! Instead of tossing your plastic grocery bags, you can donate them to this cause. Please tell your family members! There will be collection boxes located in each of our offices. We will be working on the mats until the end of October, so please donate early and often!



Residents and Family Members: We Need Your Help!

To meet state regulations, your nurse needs to complete med pass during specific windows of times. We kindly ask that unless it is an emergency, please avoid calling or interrupting the nurse at these times:

Harbor:	7-10 a.m.	Noon-1 p.m.	4-5 p.m.	7-10 p.m.
Optimal:	8-10 a.m.	Noon-1 p.m.	4-5 p.m.	8-10 p.m.
Towers:	8-10 a.m.	Noon-1 p.m.	4-5 p.m.	8-10 p.m.

Attention Family Members

The number of phones carried by the nurse go down each shift. If you need to contact a nurse in the event of an urgent matter, please call 418-9421. This number will always get you to a nurse to help direct your call to the appropriate area of Bridgeway Pointe.

Easter Bunny Hops in For a Visit

The residents were in for a nice surprise when the Easter Bunny stopped in for a visit. Everyone was very excited to see the bunny hopping along the halls of Bridgeway Pointe!



