



Bridgeway Pointe News is published monthly for the residents and families of Bridgeway Pointe, a tight-knit assisted living community located in Hartwell, 165 West Galbraith Rd., Cincinnati, Ohio 45216. Telephone: 513-418-4370.

Daniel Drake Center
for Post-Acute Care | UC Health.

AUGUST

Calendar

- August 4** Resident Round Table, 11:30 a.m., Chapel
- August 6** Watermelon Bash, 1:30 p.m., Courtyard
- August 14** Homemade Lemonade and Fresh Baked Cookies, 2 p.m., Cooking Kitchen
- August 18** Book Club, 11 a.m., Large Private Dining Room
- August 19** Price is Right, 2:30 p.m., Club Room
- August 21** Cincinnati Zoo Presents, "What's New at the Zoo," 1:30 p.m., Club Room
- August 20** Field Trip to Meijer, 10:45 a.m., Meet at the Flagpole
- August 22** Presentation on "Healthsense" Call System, 2 p.m., Chapel
- August 25** Birthday Party & New Resident Welcome, 2 p.m., Club Room
- August 27** Activity Brainstorming, 2:30 p.m., Club Room



Resident Spotlight



Elizabeth Birch

"I love it here!"

Elizabeth Birch was born and raised in Selma, Alabama, the second daughter in a family of 11 children, six girls and five boys. Elizabeth said her mother, Catherine, had it pretty tough and was a busy, busy, busy woman. Being the second oldest child, Elizabeth remembers coming home from school and helping. "Oh, yes, sure! I helped my mother raise up the kids," she said.

Her father, Charlie, lived close by and came over to the house often to "help keep control." She remembers both parents fondly. She credits her mother with keeping the family together. "She was so sweet to us," Elizabeth said.

As Elizabeth and her sisters grew up, they made their way to Cincinnati to be near other family members, especially their "Aunties." Not long after arriving, Elizabeth met Reid Birch at a church gathering in

(Continued on pg. 2)

Resident Spotlight *(Continued)*

Kentucky. They have one son, Kevin, who she's very close to. He and his wife, Leslie, have four beautiful daughters, three living in Cincinnati and one in Atlanta. Kevin and his father both work in the tire business together.

Elizabeth's faith has always been central to her life. She used to sing in her church choir and still attends services regularly. When her mother died, Elizabeth said she didn't know how she'd get by, but her older sister, Ruby, stepped in. Some days now when she's tempted to wonder how she'd ever get by without Ruby, she relies on her faith and knows she always has the Lord.

Elizabeth is also blessed to have her four other sisters (Dorothy, Lucy, Catherine, and Cinesha) living close by to do things with, like

visiting at their homes, going to church services, and eating out.

Elizabeth came to Bridgeway Pointe a few years ago and said she loves it here, especially the art classes. One of her brothers was an artist, she said. It appears that she inherited some of the same talent he had! She also enjoys going to the exercise room and participating in many of the Club Room activities.

About her fellow residents, Elizabeth said, "I enjoy the people here. They are very sweet and kind, down-to-earth. They treat me like I want to be treated."

Thinking of her son, four granddaughters, five sisters, and life in general today, Elizabeth said, "The Lord is sweet. I am very blessed."

Best Call Times to Speak with a Nurse

Residents and Family Members: The nurses always welcome your questions and inquiries and want to be available to talk with you. The best times to speak with the nurses are when they are not passing out medications. Please see the medication pass schedule below. Of course, if there is an emergency, call anytime.

Medication Pass Times

Between 7am and 3pm are:

Harbor – 8am & 1pm

Optimal Living -9am & 1pm

Towers (101-126) – 9am & 1pm

Towers 2 & 3- 9am & 1pm

Between 3pm and 11pm are:

Harbor – 5pm & 7pm

Optimal Living -5pm & 7pm

Towers (101-108) – 5pm & 8pm

Towers (109-126) – 5pm & 9pm

Towers 2 & 3- 5pm & 9pm

Between 11pm and 7am are:

All areas – 12am & 5am/6am

If you have a question about call times, please see Lynne Vienot in her office or call her at 418-4370.

Birds of Prey at Bridgeway



On Monday, July 21, residents enjoyed an educational presentation on birds of prey. A live great horned owl, red should hawk, and screech owl were part of the presentation. Residents also got to touch and feel the similarities and differences between various types of feathers.

Happy August BIRTHDAY!

Pattie Doud	August 4
Mary Jackson	August 9
Natalie Brazina	August 12
Marian Downey	August 13
William Makstaller	August 14
Frances Hunter	August 29
Mike Ruebel	August 29
Obadiah Williams	August 31

Happy Birthday to All!

YMCA Teen Camp



Over the summer months, the Blue Ash YMCA Teen Camp and Bridgeway residents teamed up to engage in lively competitions of “Name that Tune” and “Family Feud.” On their last day with the teens, the residents and teen campers enjoyed popcorn together.



Ralphine Harper
Caroline St. Clair

How Do Our Gardens Grow?

Resident Mary Jackson loves to garden and to feed the birds. “They’re my friends,” she says of the cardinals, robins, and wrens. Mary spends time on most days planting, weeding, and watering the planters and beds in the Courtyard area. Typically, she’s up and out of her Courtyard-view apartment by 6 a.m. to fill the bird houses with seed. Then, it’s back to her apartment for a quick breakfast and out again for more garden chores... which aren’t chores to her, because she loves the work.



“I like to do it. It keeps me moving. I’m not a sitter,” Mary said. She attributes being active and an “early bird” to working 57 years as a nurse, often taking the early shift.

You’ll find Mary out tending the Courtyard garden three or four times a day and The Harbor garden twice weekly. What will she do during the winter months? “I’ll still feed my birds!” she said.

Thank you, Jim!



Residents enjoyed a summer afternoon arranging beautiful flowers provided by Jim Koenig. Jim continues to donate flowers to Bridgeway in loving memory of his mother and former resident, Gladys Koenig. The floral arrangements are used to brighten up residents' apartments and gathering areas and at Daniel Drake Center on the 2N/2S Skilled Nursing Unit. Thank you, Jim, for continuing to think of us.

Nature Nook Group



beautiful flowers and plants in the Courtyard.

If you haven't strolled through the Courtyard recently, brighten a summer day and come take a look. The flowers are in full bloom!

FRIENDLY REMINDER ABOUT WORK ORDERS

For routine work orders, please call 418-4370, and your request will be placed on the Maintenance Work Order to be completed during business hours. If the problem is an emergency (heat, air, water, toilet) during weekday business hours (8A to 4P), please call 418-4370. *If the emergency occurs after-hours, on the weekend, or if you cannot reach someone at the 418-4370 number during business hours, please use your call pendant to contact nursing.* Don't hesitate to follow-up with another call, if a response hasn't been made within one hour.



We Remember

Blaine Clark
Miriam Sortor
Nancy Stuckert

Blaine, Miriam, and Nancy
we will remember you.

Miriam's daughter writes: The family of Miriam Sortor would like to thank everyone at Bridgeway Pointe for the excellent care she received and for the sympathy cards. Everyone was caring and supportive. The hospice nurses and aides were excellent, too.

IT PAYS TO REFER



Do you know someone who might enjoy living here?

Don't forget:

Residents who refer a family member or friend to Bridgeway Pointe will receive a one-time discount of \$1,000 off a month's rent...and the referred new resident will receive the same discount!*

See Kris Collins in the front office for specific details.

***Some exclusions apply.**